

AUGUST 2019

AWESOME FIRST WEEK FMES INDIANS!!!!

GOOD JOB 6TH GRADERS ON HELPING OUR NEW KINDERS- ASQULI !!!!

HERE IS YOUR SECOND WEEK MENU:

BREAKFAST:

MONDAY- FRIED EGG, HASH BROWN, TOAST WITH JELLY, GRAPES AND JUICE

TUESDAY- PANCAKE ON STICK WITH SYRUP, APPLESAUCE AND JUICE

WEDNESDAY-COLD CEREAL, COMBO BAR, SLICED PEARS AND JUICE

THURSDAY- OATMEAL WITH BROWN SUGAR, TOAST, SLICED PEACHES AND JUICE

FRIDAY- BREAKFAST PIZZA, SLICED APPLES AND JUICE

LUNCH:

MONDAY-SOFT TACO, REFRIED BEANS, SPANISH RICE, SIDEKICKS

TUESDAY-HAM SLICE, SWEET POTATOES, GREEN BEANS, CORNBREAD, FRUIT

WEDNESDAY-CHOICE DAY: CHICKEN NUGGETS OR BEEF FINGERS, SLICED BREAD, TOSS SALAD, FRUIT MIX

THURSDAY- BEAN AND CHEESE BURRITO, CORN, BROWN RICE, FRUIT SALAD

FRIDAY- CHEF SALAD, BREAD STICKS, FRESH FRUIT

QUICK NOTE: DINING ROOM IS A NO GUM ZONE!!

ALL MEALS COME WITH CHOICE OF MILK

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