

OCTOBER CLASS-ROOM BREAKFAST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>THIS INSTITUTE IS AN EQUAL OPPORTUNITY PROVIDER</i>	1. <i>BISCUIT/SAUSAGE</i>	2. <i>CEREAL/MUFFIN</i>	3. <i>SCRAMBLED EGG/ SAUSAGE, TOAST</i>	4. <i>PANCAKES W SYRUP</i>	5. <i>CEREAL/TOAST</i>	6.
7.	8. <i>GRANOLA STRAWBERRY YOGURT</i>	9. <i>CEREAL/ POPTART</i>	10. <i>FRENCH TOAST SYRUP</i>	11. <i>SAUSAGE/GRAVY BISCUIT</i>	12. <i>BLUE CORNMEAL MUSH</i>	13.
14.	15. <i>CEREAL MUFFIN</i>	16. <i>FRIED EGG HASH BROWN TOAST</i>	17. <i>RICE N RAISIN ENGLISH MUFFIN</i>	18. <i>BURRITO</i>	19. <i>BREAKFAST PIZZA</i>	20.
21.	22. <i>BLUE CORN MEAL PANCAKES SYRUP</i>	23. <i>BAGELS/CREAM CHEESE STRAWBERRY YOGURT</i>	24. <i>SAUSAGE GRAVY ON TOAST</i>	25. <i>CEREAL WITH TOAST</i>	26. <i>FRENCH TOAST SYRUP</i>	27.
28.	29. <i>CEREAL WITH TOAST</i>	30. <i>SCRAMBLED EGGS WITH MUFFIN</i>	31. <i>YELLOW CORN-MEAL MUSH SAUSAGE PATTY</i>	<i>ALL GRAB AND GO BREAKFASTS CONTAIN- FRUIT- JUICE</i>	<i>1% WHITE MILK OR FAT FREE CHOCOLATE MILK</i>	